Keeping Germs Away
There are a lot of germs going around right now. People are talking about flu and viruses. Flu and Viruses make you sick. That can be scary.
When you have Flu or a Virus, you may get a fever and feel bad. You may feel hot, or have aches in your body. You may want to sleep. Some people cough and throw up. It is not fun.
There are a lot of ways to keep myself and everyone safe from flu and viruses. The best way is to wash my hands a lot, and not put things in my mouth except my food.
I need to wash my hands really good, with hot water and soap. I need to sing Row Row Row your Boat, three times while I am washing good to make sure I get all the germs.
Do The Dracula

I can stay away from people who are coughing or sneezing, and if I have to cough or sneeze, I can cover my mouth with my elbow.
I will use soap and water to wash my hands. If I can’t wash my hands, I can use hand sanitizer! I will rub it all over my hands!
Everyone is happy when I have clean hands!
I can stay clean and healthy by washing my hands a lot!
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